



# Dear Supporters,

**After 32 years serving as the Executive Director of Thrive Medical Clinic, I am planning to transition into my retirement.**

Serving at Thrive has been one of the absolute greatest joys of my life and an incredible privilege. I am in awe of what God has done in and through this ministry, and am excited for what the future holds for TMC.

**I am forever grateful for each of you, our devoted supporters, who have given so much to help save the lives of precious babies in our community and empower their parents to thrive.** It has been such an honor to do kingdom work alongside you for the good of our neighbors and for the glory of God.

I know God has big things in store for the ministry, and **we are actively recruiting for the new Executive Director who will steward and lead TMC.**

I will stay on through the transition as we search for and train our new Executive Director. If there is anyone on your heart that you think would be a great fit, or if you are interested in the role, please reach out! The ideal person will love and follow the Lord, be a humble servant leader, have strong management skills, and be a strategic visionary who can lead the ministry into the next phase of growth ahead.

Please don't hesitate to reach out with any questions. May God bless each and every one of you,

*Rhonda K. Wrede*

Rhonda Wrede, Executive Director  
Rhonda@thrivemedicalclinic.org



# Thank You, Friends

## FOR YOUR PRESENCE AND GIFTS AT THE SPRING GALA

We have no words to describe how blown away we are by your generosity. Our amazing supporters rallied together to **donate almost \$85,000 to empower people facing unplanned pregnancies** with the resources and support to be able to choose life for their babies and thrive as parents. Your prayers and gifts are changing lives! More babies saved, and more women and men transformed by love and hope, because of YOU. From the very bottom of our hearts, thank you!

One of our patients, Rowan, courageously shared her powerful story at our Thrive Gala. Right now, your donations are helping more women like Rowan, and more babies like Wilber, thrive. **YOU are making all the difference!**



## Rowan's Story

When Rowan anxiously told her boyfriend she was pregnant, he said blankly, "you need to get that taken care of." Rowan didn't think she wanted an abortion, but was afraid to stand up to him, so she scheduled one for two weeks later. This was an incredibly dark time for Rowan, so she confided in a friend about what she was going through, and her friend recommended she go to Thrive Medical Clinic to get a pregnancy confirmation ultrasound.

She describes the moment she walked through our doors as a stark contrast to what she was experiencing at home. She said Thrive felt like a "warm embrace." When Rowan saw her baby during the ultrasound, she immediately felt so much love for her unborn child. At her follow-up appointment, she could hear the baby's heart beating. Rowan knew she wanted to keep this child, but her boyfriend was still adamantly against it, and even tried to convince her that she would be a horrible mother.

A day before Rowan's abortion appointment, she was feeling desperate for a clear answer to her situation, so she decided that if she were to see a real bald eagle that day, she would know for sure that she was meant to have her baby. Later that same day, in disbelief, she saw not one, but two

bald eagles. She knew what she had to do. When she told her boyfriend she was going to keep the baby, he became furious and kicked her out of their apartment. Rowan retreated to her mom's house, where she was comforted with love and support.

We were blessed to be able to support her throughout her pregnancy; Rowan cried after receiving a dresser stocked full of baby items. She couldn't believe how much tangible love and support she was getting from people she didn't even know. When Wilber was finally born, Rowan said it felt like a weight was lifted from her shoulders, and that since becoming a mother, she feels like the truest and most authentic version of herself.

Rowan's experience at Thrive Medical Clinic made her feel like she could thrive, and not just survive. She told us multiple times in conversation "I'm actually excited about my life." Thrive empowered her with the knowledge, resources, and support to stand up to her abusive boyfriend and choose life for her unborn child. **Rowan and Wilber are a testament of the Lord's provision in the darkest seasons of life; and it's because of you - our amazing supporters - that they received the love and care they needed to thrive.**



# Nora's Story

**WHEN NORA\* GOT A POSITIVE PREGNANCY TEST, HER FIRST REACTION WAS THAT SHE NEEDED AN ABORTION.**

Carrying a pregnancy to term and raising a child were both overwhelming things for Nora to think about, and the concept of being a mom at this time in her life just didn't seem realistic. The only people she had spoken to about the pregnancy so far were abortion providers, and it seemed like getting an abortion was the clear thing to do. But after telling her partner about the pregnancy, she felt unsure.

Nora heard about Thrive Medical Clinic through a friend and decided to schedule an appointment with us to confirm her pregnancy. While at her appointment, she bravely and honestly talked about how confused and torn she felt about what to do. She openly acknowledged how difficult any pregnancy decision she came to would be, but also how pleasantly surprised she was by seeing the support from those around her.

When it came time for her ultrasound scan to be done, Nora was able to see her beautiful child for herself - with its little head, body, legs, and arms. The baby's heart could be clearly seen, strongly beating away; and, gradually, Nora started to become more excited about being this child's mom. After the ultrasound, she expressed how things seemed much more real and asked good questions about her options and the types of support available.



Seeing the process of her mind cautiously go from shocked confusion to genuine excitement about parenting was absolutely incredible. Without anyone pressuring her, God simply worked to shift Nora's perspective in a beautiful way as she took the time to process and learn more. It was such a joyful day when she shared that she made the decision to parent this child!

We're grateful for each of you who prays and supports our patients in so many ways. These women, men, and babies are being given the chance, hope, resources, and support to choose life in a safe and loving place - and that is absolutely priceless.

\*Patient names and photos are changed to preserve confidentiality

# Patient Reviews

**"You helped me so much, it's hard to put into words. Definitely helped how supportive Amy & the Thrive staff were during my pregnancy. I am so, so thankful."**

**"Amazing team. Jen made me feel valued and much stronger than when I came in today. Our conversation made a very big impact on me."**



**"From the moment we walked in, it felt very welcoming, professional and discreet. All the staff were amazing and caring. A special thanks to Jasmine for the little prayer to help us with the journey to come!"**

**"Was a blessing coming here and getting more help than I expected."**

**"Unbelievable. VERY professional experience! I will be sharing this with ALL my friends! Incredible service to the community."**



**"10/10. Wonderful employees providing an incredible service to the community."**





# How to Talk About Thrive Medical Clinic

Like we saw in Rowan and Nora's stories, simply talking about Thrive Medical Clinic and spreading awareness is the reason so many women reach out to us and have the chance to see their sweet babies during their ultrasounds! **Help us reach more people in need by familiarizing yourself with these talking points so you can clearly explain who we are and what we do.** We've even included an insert to put on your fridge to spark conversations.

## A safe place to navigate an unplanned pregnancy

A calm environment to gather **medically accurate information** about their pregnancy options and **talk with caring staff** about their situation.

## Free & Confidential Ultrasounds

**An ultrasound is the essential next step** after a positive pregnancy test; it confirms they are pregnant, how far along they are, and rules out ectopic pregnancy.

## Ongoing Resources & Support

Many people feel like abortion is their only option, so **Thrive provides tangible ongoing support for people in unplanned pregnancies.**

# Katelyn's Story

Katelyn\* came to Traverse City with her child and no support or family in the area. After she became pregnant again, she made several abortion appointments, but each time something kept her from going through with it.

She finally made the decision to keep her baby, but was feeling entirely overwhelmed. She came to Thrive Forward in her last trimester because she heard that we offer free baby supplies. We were delighted to meet her and gave her maternity clothes, a postpartum and newborn gift bag, and we just so happened to have one unclaimed dresser fully stocked with baby items that we gave her that same day.

Before she came in, she knew she was meant to have this baby, but the thought of it seemed so daunting and hard to grasp. But the tangible love and support she received that day made all the difference; she felt hopeful and had confidence in her ability to thrive as a mom of two.

TMC supported Katelyn throughout the rest of her pregnancy and she continues to participate in regular mentorship sessions with one of our Thrive Forward mentors. Katelyn received a Bible with her dresser, and her mentor has been able to share comforting Bible verses with her. She has also been very receptive to discussions around God's power during times of uncertainty and fear, and His incredible love for her.

\*Patient names and photos are changed to preserve confidentiality



## Baby Bottle Boomerang

Your participation in Baby Bottle Boomerang (BBB) will equip women and men in our community who are at-risk for abortion with the solutions, resources, and support that they need to choose life for their unborn baby and thrive as parents!

To participate, scan the QR code to fill a 'virtual' bottle, or pick up a physical bottle from Thrive Medical Clinic or your church if they are participating, and fill it with change, cash, or checks before returning it.







## Abundant Life Starts with You...

In this newsletter, we had a special focus on the impact your support has on the lives of our patients and their babies. These stories would have ended very differently if it weren't for your amazing generosity. If you want to help save and transform the lives of even more people in our community who are facing unplanned pregnancies, there are three ways you can make a huge impact!



### PRAY:

We know this work is a spiritual battle that must be fought through prayer.



### DONATE:

Both monthly & one-time gifts can be set up on our secure website, checks can be mailed or dropped off, and cash may be given in person.



### SPREAD THE WORD:

Our best form of marketing is from word-of-mouth conversations from supporters just like you!

**Thrive**  
MEDICAL CLINIC

#### Address:

121 South Garfield Ave.  
Suite C, Traverse City, MI 49686

#### Office Hours:

Monday & Wednesday 8AM - 3PM  
Tuesday & Thursday 10AM - 2PM

#### Websites:

Patient: [thrivemedicalclinic.org](http://thrivemedicalclinic.org)  
Supporter: [friendsoftmc.org](http://friendsoftmc.org)



We are on all social media platforms  
as **Friends of TMC and Thrive Medical Clinic**

If you wish to be taken off of our mailing list, please let us know by calling our office at 231.929.3488 or by sending an email to [info@thrivemedicalclinic.org](mailto:info@thrivemedicalclinic.org)

# Thrive Medical Clinic Prayer Requests

PLEASE PRAY FOR...

## Sunday

- **Abortion-vulnerable women who've just gotten a positive pregnancy test:** that God would soften their hearts and they'd schedule an appointment
- **Nothing to hinder** our patients from coming to their appointments

## Monday

- **Increased word-of-mouth** so more people in unplanned pregnancies will hear about Thrive Medical Clinic
- **Mentorship patients:** that God would move in their hearts during these sessions
- **Marketing Team**

## Tuesday

- **Abortion-vulnerable patients after their first visit:** that God would open their hearts to see the value of their precious baby and choose life
- **Admin Team**
- **Protection** against the schemes of the enemy

## Wednesday

- **TMC's new Executive Director:** that God would bring the right person to us and prepare their heart for this new season of growth
- **Health and safety** for all our staff, patients, volunteers, and board members
- **Medical Team**

## Thursday

- **Women who have lost their babies** due to miscarriages
- **Our patients:** that they would come to know Jesus and his love for them and their child
- **Patient Services Team**
- **Thrive Forward Team**

## Friday

- **Those in our community who have had an abortion:** that they would know the love and forgiveness of God and begin to find healing in Him
- **Rhonda** as she plans for transitioning into retirement
- **TMC's 2024 strategic planning**

## Saturday

- Increased awareness and usage of **Thrive's 24/7 Abortion Pill Reversal service**
- **Supporters:** pray that God would bless and encourage their hearts
- **TMC Board**

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