



Thrive Forward

Continuing Relationships with Patients through Connection

People Matter. We believe women matter. We believe men matter. And we believe that babies matter. We truly believe this and know you do too.

We've served our community in a medical capacity - providing education and comprehensive medical care when faced with an unplanned pregnancy. Medical appointments can only touch the surface of our patients' needs.

An overwhelming need we've seen is the desire for connection. **Being connected and having support should be the norm, not a luxury.** Many people we serve want to be seen and heard. We've been able to do the best we can in each medical appointment, but not in a long-term capacity.

Out of this heart, Thrive Forward was created. Our hope is that everyone who comes to Thrive Forward will **feel the empowerment to thrive through a community of support and access to knowledge that is life-changing.** It's our vision that these courageous men and women wouldn't just survive, but thrive and move forward to a more abundant life.

Think of it as a series of bridges.

Thrive Medical is the first step that provides immediate medical care. Then patients are connected with a staff member who tells them about continued mentorship/coaching, practical support, and opportunities for growth offered by Thrive Forward.

Continue reading on the next page...

Once patients cross the bridge to Thrive Forward, they have a personal connection, a friend for the journey. Their mentor/coach helps them create many bridges to other supports within the community.

Simply put, Thrive Medical is for that moment of decision. Thrive Forward is for everything after.

We opened the doors of Thrive Forward on October 17th, 2022. Although we have been working on and building an amazing team for this program for so long, “O, me of little faith” was still thinking it would take some time before things became busy. **But God had people waiting for this program.**

We have already had many patients interested and pursuing mentorship and coaching through Thrive Forward. When hearing there is someone ready and willing to hear their story and process life with them on a regular basis, **many people have responded, “I need that!”**

Patients have come into Thrive Forward with tough and overwhelming life situations and consistently

leave looking physically lighter, so thankful, and full of hope. They leave saying things like, **“I don’t know what I would do if you guys weren’t here!”**

It’s working—He is working! It has been such a privilege to join in the work God is already doing in these patients’ lives; and it is humbling to think that He is providing for them through Thrive Forward. He created this place for them “for such a time as this”, because they matter and their story matters.

Thank you for the service and prayers you have poured into making Thrive Forward a reality. **You matter! And what you care about matters and what you pray for matters; your passion and your generosity— it matters!**



Maddy Klingelsmith, RN
Thrive Forward Director



Thrive Forward exists to continue relationships with patients.

It’s our vision that these courageous men and women wouldn’t just survive, but thrive and move forward to a more abundant life.

The Thrive Forward Team



Amy Pancoast
Thrive Forward Assistant



Maddy Klingelsmith, RN
Thrive Forward Director



Stephen Scott
Men’s Services Director



Leah Davis
Thrive Forward Assistant

Thrive Essentials

One of the ways we come alongside the courageous women and men who choose life for their unborn child is by ensuring that they have what they need to care for their child as they navigate parenthood. Thrive Essentials provides brand new maternity and baby items, such as clothing, diapers, formula, hygiene products, period supplies, etc. This program is completely donor funded, and each beautiful item comes from individuals just like you!

Mentorship for Women

Sometimes women want someone to celebrate with and other times they want someone who will just listen. Being able to talk through life is incredibly healthy. We offer professional one-on-one mentorship for women seeking a non-judgmental and calming space. Mentors offer a listening ear, encouragement, and connections to help create a bridge with other helpful resources within the community.

Coaching for Men

We’re here to provide men with the individualized support and encouragement they need to navigate the pressure and stress of life. One-on-one, 60-minute coaching sessions take place regularly and are personalized to specific goals, questions, and needs. Trained coaches will discuss various topics such as parenting/co-parenting, healthy relationships, finance, and career exploration.

BABY BOTTLE BOOMERANG

FILL A BOTTLE = SAVE A LIFE

We've wrapped up another amazing Baby Bottle Boomerang (BBB) Fundraiser and have been blown away by the way the Lord works to save the lives of His little ones through your generosity. **This year, over \$58,000 was raised - thank you!** You are truly the ones who have not "grown weary in doing good" and it is making an impact in so many lives both now and for eternity.

Thank you so much to all of our 2022 participants:

Many Individuals
All Saints Anglican Church
Bear Lake Christian
Bible Baptist
Buckley Tabernacle
Calvary Baptist
Christ Church
Christ the King
Church of the Living God
Discalced Carmelite Nuns
East Bay Calvary
Eden Bible Church
Evergreen Baptist
Faith Reformed
Fellowship Church
First Baptist Church of Traverse City
First Congregational
Fresh Wind
Garfield Country Church
Harvest Bible Church
Holy Rosary
Immaculate Conception
Immanuel Lutheran
Inland Baptist Church
Interlochen Bible
The Journey Church
Keswick United Methodist
Kewadin United Methodist
Long Lake Friends Church

New Hope
Northport Covenant
Orchard Church
Our Savior - Benzie
People's Church
Redeemer Lutheran
Redeemer Presbyterian
Resurrection Life
Sojourn Church
St Aloysius
St Francis

St Joseph
St Mary of Hannah
St Mary Lake Leelanau
St Patrick
Trinity Fellowship
Trinity Lutheran
WLJN
Woodside Wesleyan



Thrive Gala

COME & SEE WHAT THE LORD HAS DONE

You're invited to join us in celebration!

After two years of virtual events, it's finally time to celebrate together and recount all that the Lord has done at Thrive Medical Clinic. **Enjoy a fancy night out with good food, great community, and lots of celebration!**

Psalm 46:8 shares, **"Come and see what the Lord has done, the amazing things he has done on the earth.** He stops wars everywhere on the earth. He breaks all bows and spears and burns up the chariots with fire. God says, 'Be still and know that I am God. I will be praised in all the nations; I will be praised throughout the earth.'"

It's hard to even believe all that the Lord has done for us over the past two years, and we can't wait to give thanks and celebrate with you all. **This will be an event to remember!**

231-929-3488
friendsoftmc.org/gala

Event Details

When: Monday, May 8th, 2023. Doors open at 6PM and dinner is served at 6:30PM.

Where: The Park Place Hotel & Conference Center
300 E State St. Traverse City, MI 49686

Pricing: Seats are \$55 per person, and a full table (of 10 guests) is \$550.

Parking: The Hardy Parking Garage is located across the street from the venue and the cost is \$1.50/hour. Or, metered street parking is available and free after 6pm.

Attire: Come dressed in formal attire. Dress your best but don't let it be a barrier; we just want you to join in the celebration.

How do I Register? You can register online at friendsoftmc.org/gala or by calling 231-929-3488.

Interested in Hosting a Table? We'd love to help you do that! Please call 231-929-3488 or email gracies@thrivemedicalclinic.org.

Shop for Good

SPREAD AWARENESS FOR THRIVE MEDICAL CLINIC

It's powerful to think of all the spaces you can take the message of Thrive into. You never know who'll be in your path - **your simple decision to wear a Thrive shirt one day could be the reason someone facing an unplanned pregnancy reaches out for help.** Or you could be the reason someone decides to put their beliefs into action and get involved as a volunteer, donor, or prayer partner!

Each item in our little shop has been chosen with care, ensuring the quality is impeccable, and each sweatshirt so cozy you won't want to take it off! We have sweatshirts, t-shirts, hats, and mugs - a color, style, and texture for everyone. **The proceeds from each purchase help to cover the cost of running a medical clinic so that every single service is provided for free for our patients.** That's a lot of good accomplished in one purchase!



Shop In-person:

If you want to try things on before making a purchase, or if online shopping isn't your preference, you're welcome to come in during our open hours and pick something out! We're located at 121 South Garfield Ave, Traverse City, MI 49686.

Shop Online:

You can shop online at thrivemedicalclinic.org/shop and have it shipped right to your door, or select local pickup at checkout to save on shipping, and pick it up from Thrive.

Questions? Call us at 231-929-3488 or email shop@thrivemedicalclinic.org.

Ava's Story

"The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full." – John 10:10

*Ava reached out to us after getting multiple positive pregnancy tests at home. She called saying, "I thought I knew what I wanted to do, but now I'm not sure." We were able to schedule her for a free consultation and confirmation ultrasound to verify her pregnancy, and when she came in, she opened up more about what she was going through.

She and her boyfriend had broken up just before Ava found out she was pregnant. When Ava got the positive pregnancy tests, she told her ex-boyfriend along with some family members. She said that she didn't initially know what to do, but then began to experience pressure from multiple people around her trying to persuade her that abortion would be her best option. **So, Ava scheduled an appointment to get a medication abortion.**

Ava came in to TMC for her ultrasound appointment just two days before her abortion was scheduled to happen. During her options consult, she cried as she expressed her fears about being a single mom but also her conflict in not wanting to abort her child. She talked about someone God had put in her life who was encouraging her that she was capable of carrying this pregnancy to term and felt that she might somehow receive the support she needed.

After discussing her pregnancy options, Ava went in for her ultrasound. She measured just over 8wks along, and her beautiful baby could be seen clearly...heart beating away. Seeing the scan, **Ava let herself laugh with joy** a little as she watched the scan and expressed that she actually was beginning to feel excited!

She said, **"Seeing the baby, I've made up my mind to parent. I wish that I came here weeks ago when I first found out I was pregnant.** That was super

lonely to go through, and coming here was the encouragement I needed."

Ava canceled her abortion appointment, and we were able to help her get set up with some helpful community resources. She also gratefully accepted our offer to gift her a dresser filled with essential baby supplies.

When the time came for Ava to receive the dresser, she let us know that she is having a boy! Once Ava came to pick up her dresser, she started crying as soon as she saw it. She expressed how thankful she was and that it was so much more than she expected. She shared that, **since making the decision to parent her son, things have gotten much better, and she is genuinely feeling the support of those around her.**

Ava's story and her courage and determination to be a good mom to her son blows me away! Seeing the way that God looked out for her and is now working on her behalf through amazing individuals in this community is such a beautiful reminder of the loving, miraculous, and personal God that He is. It also makes me overwhelmed with thankfulness to everyone who has given, prayed, and volunteered for TMC so that Ava and her son were both given this chance at life.

*Patient names and photos are changed to preserve confidentiality

Jasmine Bower
Patient Services Director





Basement Update

Volunteers helped take this space from dark and cold to bright and warm! Several teams of incredible volunteers spent DAYS pulling out the carpet, cleaning, painting, installing the new flooring, more cleaning, putting furniture together, and moving everything into the storage room. This will be a place for prayer, meetings, and much needed storage. Thank you so much to everyone who made this possible. Alone, none of us could accomplish so much, but together and with God's blessing, we can do anything!



Thrive
MEDICAL CLINIC



We are on all social media platforms as
Friends of TMC.

GENERAL INFO

Address: 121 South Garfield Ave.
Suite C, Traverse City, MI 49686

Hours

Monday 8AM-3PM
Tuesday 10AM-2PM
Wednesday 8AM-3PM
Thursday 10AM-2PM

Want to be taken off our mailing list?

Call us at 231-929-3488 or email
info@thrivemedicalclinic.org.

WANT TO GIVE?

You can make a one-time donation or sign up to be a monthly giver on our website:
www.friendsoftmc.org

You can also use the enclosed envelope and mail it right to our office!